



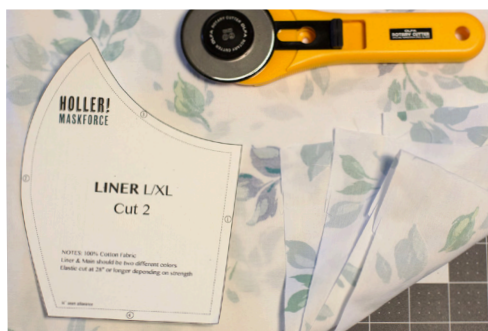
Materials needed:

For one mask of any size

- **MAIN FABRIC** - at least 9" x 13"
 - **LINING FABRIC** - at least 9" x 13"
 - **JEWELRY WIRE** cut at 6" and turned in at the ends to prevent poke through
 - **1/8" ELASTIC CORDING** cut between 24" - 30" depending on pattern size and tension of your particular elastic.* S - 24" M - 26"-28" L - 28"-30" XL - 30"
- *You can substitute elastic with a fabric tie cut at 48" (can be cut down to size)

Before you start sewing:

- WASH, DRY & PRESS sturdy tight woven cotton (think quilting squares) PLEASE DO NOT use jersey knit or loosely woven fabric – it is less effective at filtering germs.
- Use contrasting fabric for Main and Liner (this allows people to quickly decipher front vs. back to ensure mask is put on the right way)
- Cut mask Mains & Liners out of folded fabric. Make sure to align the pattern along the fabric grain so that it is straight on the weave – not diagonal.



Time to sew!

* The circled numbers on the pattern correspond to order of the steps below.*

1. PRESS & HEM SIDE SEAMS OF LINER

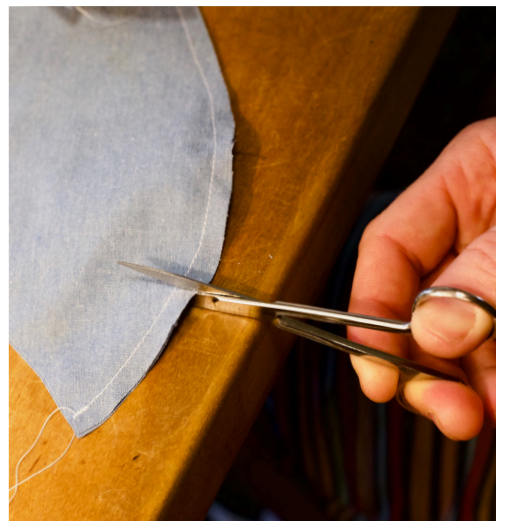
Fold the side edge of the lining in 1/4", so wrong sides of fabric are touching. Topstitch. Repeat on other side of lining. If you have a serger, you can serge along this edge before folding back to reduce fraying.



2. SEW CENTER FRONT SEAM

Sew nose to chin seam on both Mask Main and Mask Liner. Right sides together.

If not serging seams, snip stress relief cuts along curve, being careful not to cut through stitching.



3. PIN & SEW MASK LINER TO MAIN

Make sure that right sides are together. If not using serger, clip reliefs along upper edge and trim center seam to reduce bulk.



Turn mask right side out & TOPSTITCH upper edge of mask.



4. SEW BOTTOM SEAM

Turn mask back inside out (right sides together), pin making sure the center seams match up and sew bottom seam.



Turn mask right side out. Press bottom & top seams.



5. CREATE ELASTIC TUNNELS

Fold and press seam (5) 1/4" and once again 1/2"*** to create the elastic tunnels. Top stitch starting at upper right corner down to bottom of mask, turn 90 degrees and top stitch bottom seam (4) to opposite tunnel, turn 90 degrees and stitch up second elastic tunnel seam.



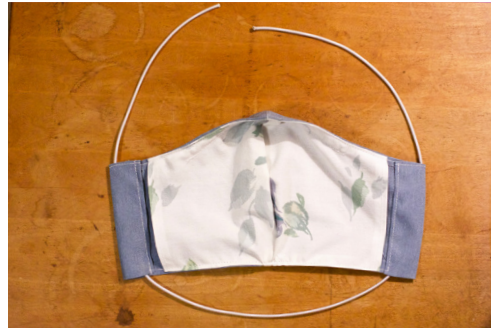
6. NOSE WIRE CHANNEL & ELASTIC!

Sew nose wire channel 1/2" down from top seam, sewing a closure on one end. Insert wire into wire channel.



7. INSERT ELASTIC OR FABRIC TIES

Sear elastic ends. Thread elastic or ties through tunnels, from bottom to top of mask, using a safety pin or another implement. Knot ends together.



WELL DONE!
YOUR MASK IS FINISHED!